

The Prayer for Protection
The Light of God surrounds you.
The Love of God enfolds you.
The Power of God protects you
The Presence of God watches over you.
Wherever you are, God is...
And ALL is well.

Cross Pocket Prayer Cloth (knit) (easiest knitting pattern)

Measures 3 3/4" x 4 3/4"

Size 7 Needles

OR

Measures 2 1/2" x 3 1/2"

Size 5 or 6 Needles (depending upon how loose you knit) and sports/baby weight yarn

CO 17

Row 1-4: knit across

Row 5: k2, p13, k2

Row 6: (ALL Remaining even rows, KNIT across)

Row's: (7, 9, 11, 13, 15): K2, p5, k3, p5, k2

Row's: (17, 19, & 21): k2, p2, k9, p2, k2

Row's: 23,25: Repeat row 7

Row 27: Repeat row 5

Row's 29-31: Knit across

Row 32: Bind off

Cross Pocket Prayer Cloth – Crocheted (two-color)

Done in single crochet with sport weight yarn and size E crochet hook, or whatever hook will achieve gauge. Finished size approx. 3in by 4in.

Materials: 2 skeins of first color. 1 skein of second color.

Cast on: Chain 13 with first color.

Row 1: SC 12 with first color.

Rows 2-9: SC 5 with first color, drop first strand, pick up strand of second color SC 2, drop second strand,

pick up third strand of yarn in the first color SC 5.

Rows 10-11: SC 1 with first color, drop first strand, pick up strand of second color SC 10, drop second strand, pick up third strand of yarn in the first color SC 1.

Rows 12-15: Repeat row 2.

Row 16: SC 12 with first color.

Open-Cross Prayer Cloth (crochet) (easiest crochet pattern)

For 3 1/4" x 4 (without border)

Size F crochet hook and worsted weight yarn

For 2 1/2" x 3 1/2" (without border)

Yarn: Size 3 sports/baby yarn

Hint: When doing the dc, if you put your crochet hook through both loops of the dc below, or through the

space under a ch-1, both sides of the prayer cloth will look the same.

Chain 15

Row 1 – dc in fourth chain from hook and in ea chain across. ch 2, turn. (14 dc)

Row 2 – dc in ea of next 5 dc, ch 1, sk 1 dc, dc in ea of next 6 dc (including ch), ch 2, turn

Row 3-5 – repeat row 2

Row 6 – dc, (ch 1, sk 1, dc) five times, dc in ch, ch 2, turn

Row 7 – (dc in next dc and in next ch-1 sp) twice, dc in next dc, ch 1, sk 1 chains, (dc in next dc and in

next ch-1 sp) twice, dc in last two stitches, ch 2, turn.

Row 8 – repeat row 2

Row 9 – dc in each dc across and in ch-1 sp

Border (optional): ch 1, sc around, working (sc, hdc, sc) OR 3 sc in corners. Work 2 sc in post of each dc

along the side and 1 sc in each stitch along top and bottom.

Pocket Prayer Cloth Filet Pattern (crochet)

--Stitch count

Size: For 3 1/4" x 4 1/4" For 2 1/2" x3 1/2"

Yarn: Size 3 sport/baby yarn Size 2 or Thinner Size 3 sport/baby yarn (like "I Love This Yarn")

Size F crochet hook Size B or C crochet hook

Hint: When doing a dc, if you put your crochet hook through both loops of the dc below, or through the

space under a ch-1, both sides of the prayer cloth will look the same.

Chain 19

Row 1 – dc in 4th chain from hook and across. Chain 3, turn

Row 2 – dc in next 3 dc. (Ch 1, skip 1 dc, dc in next dc), repeat 4 times. dc in next 3 dc/ch. Ch 3, turn.

Rows 3-6 – dc in next dc. (Ch 1, skip 1 dc, dc in next dc), repeat 2 more times. dc in next 2 dc/ch. (Ch 1, skip 1 dc, dc in next dc), repeat 2 more times. dc in next ch. Ch 3, turn.

Row 7 – dc in next dc. Ch 1, skip 1 dc, dc in next 11 dc. Ch 1, skip 1 dc, dc in next 2 dc/ch. Ch 3, turn.

Rows 8-9 – repeat row 3.

Row 10 – repeat row 2.

Row 11 – repeat row 1.

Finish off, weave in ends, and block if needed.

Note: Although this uses a filet pattern, using regular yarn and these crochet hook sizes will keep it from

being lacy.

Sandie's Puff Stitch Prayer Cloth (crochet) (this one is a little difficult to get the puff stitches even for beginners)

For 3 1/4" x 4 1/4":

Yarn: Size 3 sports/baby yarn

Size F crochet hook

Special stitch (yo = yarn over)

Puff Stitch: yo, insert hook in next sc, yo, pull through (3 loops on hook), yo, insert hook in same sc, yo

and pull through (5 loops on hook), yo, insert hook in same sc, yo and pull through (7 loops on hook), yo

and pull through all 7 loops. Note: The puffy part will be on the wrong side. That's okay. Work your border

on that side.

Hint: Don't bring your puff stitch up too high or it will be higher than your sc.

Keep loops of puff stitch even.

Instructions:

ch 14

Row 1: sc in second chain from hook and in ea chain across. ch 1, turn. (13 sc)

Row 2: sc in ea of next 6 sc, puff st in next sc, sc in ea of next 6 sc, ch 1, turn

Row 3: sc across, ch 1, turn

Row 4-9: repeat rows 2 and 3

Row 10: sc in ea of first 2 scs, (puff, sc) 5 times, sc in last sc, ch 1, turn

Row 11: sc across, ch 1, turn

Row 12-15: repeat rows 2 and 3

You will end on wrong side. That is where you want to work your border.

Border: same as filet.

Border (optional): ch 1, sc around, working (sc, hdc, sc) OR 3 sc in corners. Work 2 sc in post of each dc

along the side and 1 sc in each stitch along top and bottom.

5 " Prayer Cloth Filet Pattern (crochet)

Finished size:

Approx. **5 inches square**

Materials:

34 yds Size 10 crochet cotton

#7 steel hook Boye or

#5 steel hook Bates

Pattern Notes:

Pattern is worked in 4 extended dc (edc) blocks.

Entire pattern is worked in Edc.

Follow chart beginning at the bottom right corner of Row 1.

Chart is then followed back and forth until completed.

This pattern is symmetrical.

Pattern Stitches:

Edc - Extended Double Crochet - yo and insert hook in specified st. yo and draw through st (3 loops on hook). yo and draw through 1 loop. Complete as you would a normal dc. (Yo and draw through 2 loops, yo and draw through remaining 2 loops).

Mesh Block - Edc, ch2, skip 2st's, edc in next st. Each mesh block is made up of 4 st's.

Blocks that are next to each other share the center st. Example - 2Mesh - edc, ch2, edc (shared), ch2, edc.

Solid Block - 4 edc. Each solid block is made up of 4st's.

Blocks that are next to each other share the center st. Example - 2 Block - 7edc

Instructions:

Chain 52

Row 1 - edc in 4th chain from hook and in each chain across.

Row 2 - ch3, turn, edc in next 3 st's, *ch 2, skip next 2 st's, edc in next st* repeat 2 more times, edc in next 3 st's, *ch 2, skip next 2 st's, edc in next st* repeat 5 more times, edc in next 3 st's, *ch 2, skip next 2 st's, edc in next st* repeat 2 more times, edc in next 3 st's.

Continue following chart through completion. Finish off, weave in ends and block.

9 " Knitted Three Crosses Cloth

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Materials:

Size 7 needles and 100% cotton yarn

(finished size approx **9 inches square**)

Cast on 37 stitches.

1-4) Knit across

5) k3, p31, k3

6) (and all remaining even numbered rows) knit across

7-12) repeat rows 5 and 6

13) k3, p6, k3, p13, k3, p6, k3

15, 17, 19, 21, and 23) k3, p6, k3, p5, k3, p5, k3, p6, k3
25 & 27) k3, p3, k9, p2, k3, p2, k9, p3, k3
29 & 31) k3, p6, k3, p5, k3, p5, k3, p6, k3
33 & 35) k3, p14, k3, p14, k3
37, 39, & 41) k3, p9, k13, p9, k3
43, 45, 47, & 49) k3, p14, k3, p14, k3
51) k3, p31, k3
52) Knit across
53-56) rep rows 51 and 52
57-59) knit across
Bind off, weave in ends

7-8 " Cross Prayer Cloth

SPECIAL STITCH: X 's & O's Stitch:

ch 1, skip 2 sts, 1 dc in next, then work 1 dc "BEHIND" dc you just worked and into the front of prev. st,

ch 1, skip next dc (in other words, skip one dc and dc in the next, then do a dc in the skipped dc to make an "X")

H hook for size 4 yarn

F or G hook for size 3 yarn (sports/baby yarn)

Row 1: Ch 28, 1 sc in second ch from hook, & in remaining ch's., ch 2 and turn

Row 2: {ch 2 counts as dc} 1 dc in each st across, ch 1 turn

Row 3: 1 sc in each st across *{& ch 1 space where applies} , ch 2 turn

Row 4: 1 dc in 12 sts, ch 1, skip 2 sts, 1 dc in next, then work 1 dc "BEHIND" dc you just worked, ch 1,
skip next dc, dc in next 12 sts, ch 1 & turn {12 dc, skip 1, X st made, skip 1, 12 dc}

Rows 5-12: Repeat Rows 3 & 4 - 4 more times

Row 13: dc in next 6 sts, ch 1, skip 2 sts, 1 dc in next, then work 1 dc "BEHIND" dc you just worked, ch

1, skip next dc (total of 5 times) , dc in next 6 sts, ch 1 turn.

Row 14 – 16 – 18 : Repeat row 3

Row's 15 -17: Repeat row 4

Row 19: Repeat row 2

Row 20: Repeat Row 3

TRIM:

Trim of your choice, I use several different trim on my Prayer Cloths, BUT this one in the photo is my "1,2,3 Trim"

{ "1,2,3 Trim" }

1 sc around cloth except in corners, work 3 sc in each corner, join, sl t into center sc of corner, {1 sc, ch

2, 3 dc in this st} *sk 2 sts, {1 sc, ch 2, 3 dc in next st} *Repeat Around. Join & Finish Off, tuck in tail